



AARTH COMMUNITY HAPPENINGS



DECEMBER 2023
WWW.AARTH.ORG



Years of Service

Interfaith Service
WORLD AIDS DAY
FRIDAY, DECEMBER 1
6:00 PM Light Refreshments | 6:30 PM Service

REMEMBER AND COMMIT!

Rev. Dr. Kelle Brown
Plymouth Church
Keynote Speaker

IN-PERSON
LIBERATION UCC
832 32ND AVE
SEATTLE, 98122

ONLINE AT LIBERATION CHURCH FACE BOOK PAGE

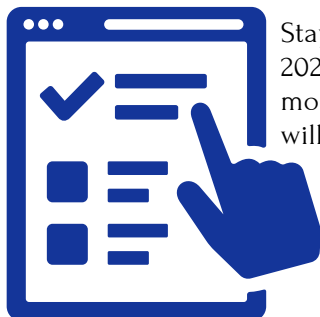
ORGANIZERS:



For more information contact Reneem@AARTH.org

AARTH Community Survey

HOW ARE WE DOING?



Stay tuned, you will be receiving the 2023 AARTH Community Survey this month. The information you provide will help inform AARTH how we can

best provide for individuals who participate in our programs and services. Thank you in advance for participating.

Medicare Open Enrollment

MONDAY, DEC 4 | 12:00 PM PT

The Centers for Medicare and Medicaid Services will be on zoom to share:

- Medicare Open Enrollment Program (OEP)
- Inflation Reduction Act (IRA)
- Updates regarding Medicaid savings program and drug prescriptions
- Local and state advocacy contact information

Please bring questions and other comments to the table!
There will be time for an open discussion.



It's Open Enrollment — now to Dec 7

Find Plans

Open Enrollment for Medicare Deadline: December 7

Chronic Disease Self-Management Reminder

SESS 2: TUESDAYS, THROUGH DEC 5 | 12:00 PM

The last workshop is scheduled this week. We look forward to seeing those who are registered. Thank you.



REGISTER FOR ALL WORKSHOPS at www.aarth.org

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Wednesday, February 7, 2024

National Black HIV/AIDS Awareness Day is a day to address the impact of HIV on Black communities. Together, we can make HIV Black history by working to overcome structural barriers to HIV testing, prevention, and treatment.

Community and faith-based organizations are encouraged to save the date for the 2024 National Black HIV/AIDS Awareness Day and reach out to Dr. Renee McCoy as we begin planning a collaborative community event. Black communities have made great progress in reducing HIV. Yet, issues such as racism, discrimination, and mistrust in the health care system may affect whether Black people seek or receive HIV prevention services.

Together, when we work to overcome structural barriers to HIV testing, prevention, and treatment, and stop HIV stigma, we help reduce HIV-related disparities and health inequities in Black communities.



Unfortunately, thousands of children are hurt or even killed each year due to an interaction with an unsafe or developmentally inappropriate toy. December is known as Safe Toys and Gifts Month in order to create a happy, healthy, and safe gift-giving experience for all involved.



Thank you to our Sponsors

AARTH is able to provide the workshops and classes for FREE thanks to grants and support from our sponsors.



AARTH TEAM

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