

# What do I need to know about booster shots?



The COVID-19 vaccines have been protecting people from severe illness and death from COVID-19. But with the Delta variant of COVID-19 spreading, those who are eligible should now get an additional booster shot of COVID-19 vaccine to maximize protection. Boosters are safe, free, and effective.

## Am I eligible for a booster shot?

At least six months after completing the primary Pfizer or Moderna vaccine series, the following groups of people are eligible for a booster dose:

- Those 65 and older,
- Those 18 – 64 who live in long-term care settings,
- Those 18 – 64 who have underlying medical conditions, and
- Those 18 – 64 who work or live in high-risk settings.

People 18+ who received the Johnson & Johnson vaccine are eligible for a booster dose two months after their initial vaccination.

More info about eligibility at: [cdc.gov/coronavirus/2019-ncov/vaccines/booster-shot.html](https://www.cdc.gov/coronavirus/2019-ncov/vaccines/booster-shot.html). Questions? Talk to your doctor or call 206-477-3977.

## When should I get the booster?

If you are in a group that is eligible for the booster shot, you can receive your shot:

- Six months after your second vaccine dose if you received a Moderna or Pfizer vaccine,
- Two months after your initial vaccine if you received a J&J vaccine

## What type of booster shot should I get?

Eligible individuals may choose which vaccine they receive as a booster dose. Some people may have a preference for the vaccine type that they originally received and others may prefer to get a different booster. CDC's recommendations now allow for this type of mix and match dosing for booster shots.

## Where can I go to get a booster shot?

Booster shots are available at all of our King County vaccination sites. You can find a list of sites at [kingcounty.gov/vaccine](https://kingcounty.gov/vaccine). Drop-in booster vaccinations are available now (no appointment needed).

You can also use Washington State's Vaccine Locator to find a vaccination site near you: <https://vaccinelocator.doh.wa.gov>.

## What resources are available?

### Accessibility

If you have a disability and need an accommodation to get the COVID-19 vaccine booster, call 206-477-3977 or email [publichealthaccommodations@kingcounty.gov](mailto:publichealthaccommodations@kingcounty.gov).

### Language support

If you need language interpretation or online help, call the King County COVID-19 Call Center: 206-477-3977, 8 a.m.-7 p.m. Please say your preferred language when connected.

### Transportation

If you need a ride to your vaccination appointment, visit [bit.ly/vaxride](https://bit.ly/vaxride) or call 425-943-6706 (Monday through Friday, 8:30 a.m.-4 p.m). Dial 5 for interpretation.

### In-home vaccination

To request an appointment for in-home vaccination, call the King County COVID-19 Call Center at 206-477-3977, 8 a.m.-7 p.m. Interpretation is available. You will be asked a few questions to confirm you are eligible.

For more info about vaccine and boosters, visit [kingcounty.gov/covid/vaccine](https://kingcounty.gov/covid/vaccine).

